



## MIZMOR Prosaic TIP ON GATEFOLD JACKET [CD]

Cena	<b>57,90 zł</b>
Dostępność	<b>Dostępny</b>
Czas wysyłki	<b>3 dni</b>
Producent	<b>Profound Lore Prod.</b>

### Opis produktu

Comes packaged in a tip on gatefold CD jacket.

**MIZMOR**, is a one-man heavy music exploration that began in 2012 as a way of dealing with the mental and spiritual anguish mastermind A.L.N. feels as a person. More specifically, the content behind the project is that of the existential - primal and innate musings about cause, purpose, self, and god. It is the search for light and truth, or the fact that there is none. It comes from an embittered, burned, confused, and broken heart. It is the fight for survival when reason and foundation has turned to nothingness. It is the crashing down of towers of falsehood and the freedom that comes through a certain kind of grief. Ultimately, MIZMOR is the manifestation of my long-felt depression, and neither have an end in sight.

In A.L.N.'s own words behind the new MIZMOR album "Prosaic":

"The idea behind "Prosaic" was to make an intentionally less conceptual, more slice-of-life record. I wanted to make an album that was less precious and obsessed-over, more honest and real; less grandiose and more human. I found it an interesting challenge to find the line between 'you can do better' and 'you're beating a dead horse.' I tried to make my process more efficient and even fun at times. I simply wanted to share, but if that meant exacting all-out perfectionism, I wasn't going to make a record. Right now I'm interested in making less self-indulgent music. The themes are the absurdity/futility/purpose/meaning of work, mindfulness/consciousness/living in the present moment/shedding illusions, depression/acceptance/contentment. This is the first MIZMOR album without any content relating to god/atheism. You also won't hear any shrieks."

Track Listing: 1. Only An Expanse, 2. No Place To Arrive, 3. Anything But, 4. Acceptance

Artist: MIZMOR

Title: Prosaic

Label: Profound Lore Records

Catalog No.: PFL-302

Release Date: July 21, 2023